



Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about....

Parent Support Groups:

- ❖ **TBRI Virtual Series:** Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow. ***New class starting up soon!*** Meets 1x per week, on Wednesday evenings, for 12 weeks, beginning 9/21 (Email registration required- see attached flyer for details).
- ❖ **Tuesday Night Parent Support group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Mom's Support group:** Primarily focuses on support, celebrating successes, and sharing/discussing challenges. Meets 1x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week.

Other Resources:

[IEP vs 504- Which Does My Child Need?](#) When we advocate for our kids and their education, knowing some of the basics about IEPs and 504s can help navigate a complicated system and think about what kind of support is available.

[Back-to-School Guide for ADHD \(and Other Learning Differences\) Families](#) The helpful online resource, ADDitude, has explored the Top 10 hurdles to learning with ADHD and learning differences: ADD misinformation, inadequate accommodations, distractibility, executive dysfunction, behavior challenges, homework problems, learning differences, social struggles, lack of collaboration, and anemic motivation.

TBRI Tip of the Month

"We never accept hurtful or wild behavior from a child –
 but we also do not punish, reject, or bribe because
 those strategies don't build long-term success."
 -Dr. Karyn Purvis

- **Levels of Response 3&4** (see last month's newsletter for levels 1&2): The purpose of correction is to teach, not punish; we must correct the way the child understands the world and how relationships work. An ideal correction results not only in changed behavior, but children should also feel content and connected to their caregiver. Effective correction requires emotional felt safety, and a balance of structure (correction) with nurture (connection). Remember, always return to playful engagement ASAP after a correction!
 - **Level 3- Calming Engagement**
 - Total voice control (tone is firm, volume is low, cadence is very slow)
 - Focus is on co-regulation between adult and child, goal is to prevent crisis
 - Use time-in; draw child(ren) close in order to more effectively co-regulate
 - **Level 4- Protective Engagement**
 - Total voice control (same as at level 3)
 - Remember that children do not have access to their full brain during crisis
 - Physical restraint should be used *only* when needed to protect the child/others from significant harm

TRUST-BASED RELATIONAL INTERVENTION®

CLASSES AND CAREGIVER SUPPORT



**Dates: Sept 21,28
Oct 5,12,19,26
Nov 2,9,16,30
Dec 7,14**

Time: 5:30 pm to 7:00 pm

Location: These classes will be held virtually. There will be a link to join after registration.

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for all caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, and the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of Trust Based Relational Interventions®
2. Explain and explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.

[Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Course curriculum will consist of approximately 24 hours of training provided via a series of 4 full-day classes (10-12 weeks 1.5 hours/night). All participants are encouraged to read *The Connected Child* (©2007, ISBN 978-0-07-147500-6) by Karyn Purvis, David Cross, and Wendy Sunshine before, during and after participation in TBRI classes. Michaelle Maier, and Brooke DeClerck will be facilitators. Please contact Michaelle Maier at (309) 533-8455 or mmaier@thebabyfold.org to register. **Classes are free, but space is limited and advance registration is required. 9-21, 9-28, 10-5, 10-12, 10-19, 10-26, 11-2, 11-9, 11-16, 11-30, 12-7, and 12-14.**

References:

Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.



THE BABY FOLD **PARENT SUPPORT GROUP**

**1ST AND 3RD TUESDAY OF EACH MONTH
8-9PM**

EMAIL EMILY BACKODE AT EBACKODE@THEBABYFOLD.ORG OR
CARLEY JACOBI AT CJACOBI@THEBABYFOLD.ORG FOR MORE
INFORMATION

**“You cannot lead a child to a place of healing
if you do not know the way yourself.”**

-- Dr. Karyn Purvis

Dads Sharpen Dads

"As iron sharpens iron, so one man sharpens another."

The Baby Fold

Dad's Support Group

Monday evenings starting

July 18, 2022 7:15–8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

for a Zoom link!

" If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin."

Dr. Karyn Purvis