



Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at Ksummers@thebabyfold.org for more information about....

• **Parent Support Groups:**

- **Wednesday Noon group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

• **Trainings:**

- **Online Trust-Based Relational Intervention®** for Caregivers: Training sessions will be held virtually on **Tuesday evenings** from 5:30-7:00 pm for 12 weeks, beginning September 19th , and running through December 12th (notice that October 31st will be skipped). See flyer for more details. The training is free, but registration is required. Seating is limited. **Click here to register!** Please contact Brooke DeClerck at bdeclerck@thebabyfold.org or (309) 826-5268 with any questions.
- **De-Escalation & Co-Regulation Training Group:** An educational support group for parents to learn techniques to help their children when challenging behaviors get out of control. Meets virtually every week on **Wednesdays** at 7-8 PM, starting October 11th to November 15th. To sign-up, please email: Sam Hinshaw (shinshaw@thebabyfold.org).

Other Resources:

(click on the link embedded in the title to see the video)

1. **How Do I Handle Manipulation and Control?**
2. **How Do I Handle Lying?**
3. **Lying**

"My goal is to teach my child skills for life through honest communication with trust and integrity." -- Dr. Karyn Purvis

TBRI Tip of the Month

Lying, Manipulation and Control

"The two primary errors I see with parents when their children lie is that they either overreact or they don't react at all. And neither one of those is an appropriate response. We need to do a balance of responsiveness and proactively addressing those needs as parents who are teaching our children patterns for life." – Dr Karyn Purvis

Questions to ask yourself about correcting lying:

1. Do I have my own emotions and feelings under control?
2. Am I willing to give choices to my child?
3. Does my reaction fit the child's behavior?
4. Am I willing to see past the lie to find the cause of the behavior?
5. Do I celebrate the good in my child?



THE BABY FOLD'S **VIRTUAL PARENT SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis

Dads Sharpen Dads

“As iron sharpens iron, so one man sharpens another.”

The Baby Fold

Dad's Support Group

1st & 3rd Monday evenings

7:15 pm—8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

to sign up!

“ If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin.”

Dr. Karyn Purvis



ONLINE TRUST-BASED RELATIONAL INTERVENTION® (FOR CAREGIVERS)



INTRODUCTION AND OVERVIEW-SEPTEMBER 19, 26, & OCT. 3, 2023
CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- OCT. 10, 17 & 24, 2023
EMPOWERING PRINCIPLES – NOVEMBER 7, 14, 21, 2023
CORRECTING PRINCIPLES- NOVEMBER 28, DECEMBER 5 & 12, 2023
(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)

TUESDAYS 5:30 PM – 7:00 PM

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt-safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt-safety and emotional connection while successfully changing negative behaviors.

Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Training will begin at **5:30 pm** and will end by **7:00 pm** each Tuesday evening **starting Sept. 19th** for 12 weeks.
Notice Oct. 31st is skipped.

Training Location: Online through a Zoom link provided after you have **registered with Eventbrite**.

To register please use this Eventbrite link: <https://www.eventbrite.com/e/trust-based-relational-intervention-tbri-12-weeks-tickets-707782074237?aff=oddtcreator>

If you have questions, you can contact Brooke DeClerck @ bdeclerck@thebabyfold.org or call at (309)-826-5268.

This online training is free, but advance registration is required. Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. **This is not a train the trainers training.**

References: Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.

The Baby Fold presents...

De-escalating During a Meltdown

An educational support group for parents to learn techniques to help their children when challenging behaviors get out of control.

Meets virtually every week on Wednesdays at 7-8 PM
starting October 11th to November 15th.

To sign-up, please email:

Sam Hinshaw: shinshaw@thebabyfold.org

*“When you can't look on the bright side, I will sit with you
in the dark.”*

~ Lewis Carroll, *Alice in Wonderland*