



Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about....

Parent Support Groups:

- ❖ **Wednesday Noon group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Online Trust-Based Relational Intervention® for Caregivers

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

Training sessions will be held virtually on Tuesday evenings from 5:30-7:00 pm for 12 weeks, beginning September 19th, and running through December 12th (notice that October 31st will be skipped). See flyer for more details.

The training is free, but registration is required. Seating is limited. [Click here to register!](#)

Please contact Brooke DeClerck at bdeclerck@thebabyfold.org or (309) 826-5268 with any questions.

TBRI Tip of the Month

"We never accept hurtful or wild behavior from a child – but we also do not punish, reject, or bribe because those strategies don't build long-term success."

-Dr. Karyn Purvis

- **Levels of Response 3&4** (see August's newsletter for levels 1&2): The purpose of correction is to teach, not punish; we must correct the way the child understands the world and how relationships work. An ideal correction results not only in changed behavior, but children should also feel content and connected to their caregiver. Effective correction requires emotional felt safety, and a balance of structure (correction) with nurture (connection). Remember, always return to playful engagement ASAP after a correction!
 - **Level 3- Calming Engagement**
 - Total voice control (tone is firm, volume is low, cadence is very slow)
 - Focus is on co-regulation between adult and child, goal is to prevent crisis
 - Use time-in; draw child(ren) close in order to more effectively co-regulate
 - **Level 4- Protective Engagement**
 - Total voice control (same as at level 3)
 - Remember that children do not have access to their full brain during crisis
 - Physical restraint should be used *only* when needed to protect the child/others from significant harm



THE BABY FOLD'S
**VIRTUAL PARENT
SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis

Dads Sharpen Dads

“As iron sharpens iron, so one man sharpens another.”

The Baby Fold

Dad's Support Group

1st & 3rd Monday evenings

7:15 pm—8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

to sign up!

“ If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin.”

Dr. Karyn Purvis



ONLINE TRUST-BASED RELATIONAL INTERVENTION® (FOR CAREGIVERS)



INTRODUCTION AND OVERVIEW-SEPTEMBER 19, 26, & OCT. 3, 2023
CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- OCT. 10, 17 & 24, 2023
EMPOWERING PRINCIPLES – NOVEMBER 7, 14, 21, 2023
CORRECTING PRINCIPLES- NOVEMBER 28, DECEMBER 5 & 12, 2023
(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)

TUESDAYS 5:30 PM – 7:00 PM

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt-safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt-safety and emotional connection while successfully changing negative behaviors.

Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Training will begin at **5:30 pm** and will end by **7:00 pm** each Tuesday evening **starting Sept. 19th** for 12 weeks.
Notice Oct. 31st is skipped.

Training Location: Online through a Zoom link provided after you have **registered with Eventbrite**.

To register please use this Eventbrite link: <https://www.eventbrite.com/e/trust-based-relational-intervention-tbri-12-weeks-tickets-707782074237?aff=oddtcreator>

If you have questions, you can contact Brooke DeClerck @ bdeclerck@thebabyfold.org or call at (309)-826-5268.

This online training is free, but advance registration is required. Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. **This is not a train the trainers training.**

References: Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.