



Upcoming Virtual Trainings/Meetings:

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about....

Parent Support Groups:

- ❖ **TBRI Virtual Series:** Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow. Meets 1x a week for 7 weeks, beginning 4/21. [Registration](#) required- see attached flyer for details.
- ❖ **Tuesday Night Parent Support group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Tuesday Daytime group:** Similar to the group above but is offered during the day. Meets 2x a month.
- ❖ **Mom's Support group:** Primarily focuses on support, celebrating successes, and sharing/discussing challenges. Meets 1x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week.
- ❖ **Ethnic Hair and Skin Care Parent group:** Join a supportive group of adoptive and foster parents in learning all about how to care and maintain your child's skin and hair. Meets 1x a week.
- ❖ **Single Parent Support group:** This group is currently taking a break, and plans to return at a later date. Please inquire if interested in this group.

Other Resources:

The [PATH Beyond Adoption](#) website is a great resource for all adoptive and guardianship families!
"Building a family by adoption or guardianship is the beginning step of a new journey. The Illinois Department of Children and Family Services understands that families at different points will have different needs. DCFS developed PATH Beyond Adoption where PATH represents the collective Partners Available to Help, after adoption or guardianship."

**"The key is to treat the whole child, with all his or her interrelated needs, not just one small aspect of behavior or illness."
 -- Dr. Karyn Purvis**

TBRI Tip of the Month

- **Behavioral Scripts** can be a reliable way to provide correction in a quick, mild (yet effective) way during times of misbehavior. They must be taught and practiced proactively.
 - **Re-dos** give children a chance to practice a new behavior in a fun and playful way while building self-esteem through success. Re-dos are NOT intended to be punishment, but rather instruction.
 - **Choices and compromises** share power, which provides motivation to the child while also building trust in your relationship. Be sure to use a warm, authoritative tone of voice and gain eye contact, if possible. Keep the choices to two options that both of you find acceptable, but be willing to listen and compromise if the child has an acceptable alternative suggestion. Have the child verbally repeat all the steps of their choice and then repeat them yourself, so that expectations are very clear and predictable. Empower your child by sharing power (letting them choose) while also providing structure (limiting choices to acceptable options). Giving your child an active role in decision-making and problem-solving builds confidence, self-esteem, and life skills!



ONLINE TRUST-BASED RELATIONAL INTERVENTION®

INTRODUCTION AND OVERVIEW-APRIL 21, 2022

CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- APRIL 28 & MAY 5, 2022

EMPOWERING PRINCIPLES – MAY 12 & 19, 2022

CORRECTING PRINCIPLES- MAY 26 & JUNE 2, 2022

(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)

1:00 PM – 4:00 PM

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt safety and emotional connection while successfully changing negative behaviors.

Purvis, K., Cross, D.R., & Hurst, J.R. (2012)]

Training will begin at **1:00 pm** and will end by **4:00 pm** each **Thursday starting April 21st** for 7 weeks.

Training Location: Online through a Zoom link provided after you have **registered with Eventbrite**.

To register please use this Eventbrite link: <https://www.eventbrite.com/e/trust-based-relational-intervention-online-tickets-306158447157>

If you have questions you can contact Ken Summers at ksummers@thebabyfold.org or (309) 532-3281.

This online training is free, but advance registration is required. Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. **This is not a train the trainers training.**

References: Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.



THE BABY FOLD **PARENT SUPPORT GROUP**

**1ST AND 3RD TUESDAY OF EACH MONTH
8-9PM**

EMAIL EMILY BACKODE AT EBACKODE@THEBABYFOLD.ORG OR
CARLEY JACOBI AT CJACOBI@THEBABYFOLD.ORG FOR MORE
INFORMATION

**“You cannot lead a child to a place of healing
if you do not know the way yourself.”**

-- Dr. Karyn Purvis

The Baby Fold



Open to Foster, Adoptive, and any Parents that need support surrounding behavioral, emotional, and attachment difficulties.

2nd & 4th Tuesday of the month

Location: Virtually through Microsoft Teams

Time: 12:00 – 1:00 pm

Contact **Liz Fultz** (Lfultz@thebabyfold.org or 309-531-7444)

Nicole Hrabik (nhrabik@thebabyfold.org or 309-532-1230)

***Please email to be put on parent support group or if you need assistance with Teams.**

Dads Sharpen Dads

“As iron sharpens iron, so one man sharpens another.”

The Baby Fold

Dad’s Support Group

Monday evenings

7:00 pm—8:00 pm

Email Ken Summers at ksummers@thebabyfold.org

to sign up!

“ If we can communicate to our children,

It’s you and me against your history,

We have a strong place to begin.”

Dr. Karyn Purvis

Ethnic Hair and Skin Care Parent Group



This is a support group where parents can come together get assistance with ethnic hair care, protective styles, and referrals for hair braiding and natural hair care. This support group is open to all.

Frequency: The support group will be every Monday for 6 weeks

When: Monday, April 4, 2022 through May 9, 2022 at 7:30pm-8:30pm

Where: via Zoom. Link will be sent out one day prior to the class.

Facilitators: Carolyn Johnson cjohnson@thebabyfold.org 217-766-7297

Michelle Hooks mhooks@thebabyfold.org 309-433-6516

Contact either Carolyn or Michelle to register!

