What have you done for yourself this week?

Join us:

Single Parent Support Group Thursdays 8pm – 9pm Open group: Join when you can

Topics include: Self-care, Stress, Anxiety, Communication, Balance, Etc.

RSVP and Questions:

Brooke DeClerck bdeclerck@thebabyfold.org 309-826-5268

Marge Parker mparker@thebabyfold.org 309-433-6536

