

Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about....

Parent Support Groups:

- ❖ **TBRI Virtual Series:** Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow. **Two classes starting up soon!** First meets 1x a week, on Friday mornings, for 7 weeks, beginning 9/9 (Online [registration](#) required- see attached flyer for details); Second meets 1x a week, on Wednesday evenings, for 12 weeks, beginning 9/21 (Email registration required- see attached flyer for details).
- ❖ **Tuesday Night Parent Support group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Tuesday Daytime group:** Similar to the group above but is offered during the day. Meets 2x a month.
- ❖ **Mom's Support group:** Primarily focuses on support, celebrating successes, and sharing/discussing challenges. Meets 1x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week.

Other Resources:

[How to Sharpen Executive Functions: Activities to Hone Brain Skills](#)- Executive functioning skills range from working memory to cognitive flexibility to inhibitory control and beyond. They power our daily functioning, future planning, and mental/physical health.

[Executive Functioning Challenges in the Classroom \(free checklist\)](#)- Executive functioning challenges often show up in home and school settings, impacting things like working memory, ability to prioritize and organize, and sustained attention. Use this checklist to identify your child/student's greatest challenges — and brainstorm pinpointed solutions!

TBRI Tip of the Month

"We never accept hurtful or wild behavior from a child – but we also do not punish, reject, or bribe because those strategies don't build long-term success."

-Dr. Karyn Purvis

- **Levels of Response (1&2):** The purpose of correction is to teach, not punish; we must correct the way the child understands the world and how relationships work. An ideal correction results not only in changed behavior, but children should also feel content and connected to their caregiver. Effective correction requires emotional felt safety, and a balance of structure (correction) with nurture (connection). Remember, always return to playful engagement ASAP after a correction!
 - **Level 1- Playful Engagement**
 - Total Voice Control (tone is warm, volume is moderate, cadence is quick and playful)
 - Redirect child without breaking stride
 - Use consistency but also be flexible, if needed
 - "Would you like to try that again with respect?" or "Are you askin' or tellin'?"
 - **Level 2- Structured Engagement**
 - Total Voice Control (tone is firmer but not harsh, volume is still moderate, cadence is slower)
 - Increase structure by offering limited choices
 - Use 're-dos' as opportunities to succeed, praise positive behavior as soon as it happens

TRUST-BASED RELATIONAL INTERVENTION®

CLASSES AND CAREGIVER SUPPORT



**Dates: Sept 21,28
Oct 5,12,19,26
Nov 2,9,16,30
Dec 7,14**

Time: 5:30 pm to 7:00 pm

Location: These classes will be held virtually. There will be a link to join after registration.

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for all caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, and the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of Trust Based Relational Interventions®
2. Explain and explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.

[Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Course curriculum will consist of approximately 24 hours of training provided via a series of 4 full-day classes (10-12 weeks 1.5 hours/night). All participants are encouraged to read *The Connected Child* (©2007, ISBN 978-0-07-147500-6) by Karyn Purvis, David Cross, and Wendy Sunshine before, during and after participation in TBRI classes. Michaelle Maier, and Brooke DeClerck will be facilitators. Please contact Michaelle Maier at (309) 533-8455 or mmaier@thebabyfold.org to register. **Classes are free, but space is limited and advance registration is required. 9-21, 9-28, 10-5, 10-12, 10-19, 10-26, 11-2, 11-9, 11-16, 11-30, 12-7, and 12-14.**

References:

Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.



ONLINE TRUST-BASED RELATIONAL INTERVENTION® (FOR CAREGIVERS)

INTRODUCTION AND OVERVIEW-SEPTEMBER 9, 2022
CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- SEPTEMBER 16 & 23, 2022
EMPOWERING PRINCIPLES – SEPTEMBER 30 & OCTOBER 7, 2022
CORRECTING PRINCIPLES- OCTOBER 14 & 21, 2022
(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)

FRIDAY'S 9 AM – 12 PM

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt-safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt-safety and emotional connection while successfully changing negative behaviors.

Purvis, K., Cross, D.R., & Hurst, J.R. (2012)]

Training will begin at **9 am** and will end by **12:00 noon** each Friday morning **starting Sept. 9th** for 7 weeks.

Training Location: Online through a Zoom link provided after you have **registered with Eventbrite**.

To register please use this Eventbrite link: <https://www.eventbrite.com/e/387125511827>

If you have questions, you can contact Ken Summers at ksummers@thebabyfold.org or (309) 532-3281.

This online training is free, but advance registration is required. Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. **This is not a train the trainers training.**

References: Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.



THE BABY FOLD **PARENT SUPPORT GROUP**

**1ST AND 3RD TUESDAY OF EACH MONTH
8-9PM**

EMAIL EMILY BACKODE AT EBACKODE@THEBABYFOLD.ORG OR
CARLEY JACOBI AT CJACOBI@THEBABYFOLD.ORG FOR MORE
INFORMATION

**“You cannot lead a child to a place of healing
if you do not know the way yourself.”**

-- Dr. Karyn Purvis

Dads Sharpen Dads

"As iron sharpens iron, so one man sharpens another."

The Baby Fold

Dad's Support Group

Monday evenings starting

July 18, 2022 7:15–8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

for a Zoom link!

" If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin."

Dr. Karyn Purvis