

Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about....

Parent Support Groups:

- ❖ **Wednesday Daytime group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week.

Other Resources: PODCASTS (click on the link embedded in each title to learn more)

- ❖ **[The TBRI® Podcast](#)**- conversations about Trust-Based Relational Intervention®, an attachment-based, trauma-informed intervention designed to meet the complex needs of vulnerable children; about the elements of trauma-informed care and chat with experts in the field about implementing TBRI® across different communities of care and practice.
- ❖ **[Empowered to Connect Podcast](#)**- a place where we come together to discuss an attachment rich, healing centered approach to engagement and wellbeing for ourselves, our families and our communities.
- ❖ **[Parenting After Trauma with Robyn Gobbel](#)**- a neuroscience-informed podcast for parents of kids with big behaviors or a history of trauma.

“Once you see yourself in this role of mentor, encourager, and protector, days become filled with opportunities...”

-- Dr. Karyn Purvis

TBRI Tip of the Month

- **Proactive Strategies** are designed to teach regulation, behavioral expectations, and social skills to children during times when they are calm and best able to learn. Remember that our children will learn best when they are praised for doing something correctly, rather than punished for doing something incorrectly.
 - One proactive strategy is teaching Life Value Terms (which are then referred to using scripts during times of correction); Life Value Terms are taught and practiced during calm times, when the child(ren) feel safe.
 - “With respect” – Teach your child(ren) how to show respect with their words and actions; model this, practice, and praise them when you see them showing good respect.
 - “Use your words” – Teach your child(ren) that if they use words, you can better understand what they need and this will help you meet their needs—and build trust—by giving you a chance to say “yes!”
 - “Gentle and kind” – This can be used to teach children how to regulate energy level, how to use gentle and kind words, as well as how to be gentle and kind with their bodies.



THE BABY FOLD
**VIRTUAL PARENT
SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

EMAIL MELISSA AT [MLEGENDRE@THEBABYFOLD.ORG](mailto:mlegendre@thebabyfold.org) FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”

– Dr. Karyn Purvis

Dads Sharpen Dads

"As iron sharpens iron, so one man sharpens another."

The Baby Fold

Dad's Support Group

Monday evenings starting

July 18, 2022 7:15–8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

for a Zoom link!

" If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin."

Dr. Karyn Purvis