



## Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at [ksummers@thebabyfold.org](mailto:ksummers@thebabyfold.org) for more information about...

### Parent Support Groups:

- ❖ **Wednesday Noon group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

### Online Trust-Based Relational Intervention®

**Trust-Based Relational Intervention® (TBRI®)** is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

**Wednesdays and Thursdays, 9am-12pm**

**Beginning June 7<sup>th</sup> through July 13<sup>th</sup> (see flyer for detailed schedule)**

**[Register by clicking here!](#)**

### Hope for the Journey Conference

Show Hope's Hope for the Journey Conference is designed to equip and encourage parents and caregivers meeting the needs of children impacted by adoption and/or foster care. This is a faith-based TBRI conference for parents and caregivers.

**Online via Zoom, Wednesday mornings and evenings (see flyers for detailed schedules)**

**Register by emailing Emily at [ebackode@thebabyfold.org](mailto:ebackode@thebabyfold.org)**

"Deep down, these children want desperately to connect and succeed but don't understand how.

As parents, it's our job to show them."

-- Dr. Karyn Purvis

## TBRI Tip of the Month

**Theraplay Nurture Groups** are structured activities that develop and strengthen attachment while practicing the four skills for social competency—the ability to give care, the ability to receive care, the ability to negotiate needs, and the ability to be autonomous in self as well as with others. While Nurture Groups are facilitated by a therapist, the three rules for Nurture Groups can be helpful to use in the home, or at school.

### • **Three Rules for Nurture Groups:**

- **Stick Together:** This means that we work together as a team, maintain close proximity, take turns, and listen respectfully while others talk.
- **No Hurts:** This rule helps to develop understanding of inside hurts (emotional) and outside hurts (physical), practice expressing hurts (needs), and giving/receiving care for them.
- **Have Fun!:** It is important to disarm fear by engaging in safe, structured playfulness; remember, best learning occurs when children feel emotionally safe.



THE BABY FOLD  
**VIRTUAL PARENT  
SUPPORT GROUP**

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**1<sup>ST</sup> AND 3<sup>RD</sup> WEDNESDAY OF EACH MONTH**  
**12:00-1:00 PM**

SUPPORT AND EDUCATION FOR FAMILIES FORMED  
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT [MLEGENDRE@THEBABYFOLD.ORG](mailto:MLEGENDRE@THEBABYFOLD.ORG) FOR  
MORE INFORMATION & LINK TO MEETINGS

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“You cannot lead a child to a place of healing  
if you do not know the way yourself.”  
– Dr. Karyn Purvis

# Dads Sharpen Dads

“As iron sharpens iron, so one man sharpens another.”

The Baby Fold

## **Dad’s Support Group**

**1st & 3rd Monday evenings**

**7:15 pm–8:15 pm**

Email Ken Summers at [ksummers@thebabyfold.org](mailto:ksummers@thebabyfold.org)

to sign up!

“ If we can communicate to our children,  
**It’s you and me against your history,**

**We have a strong place to begin.”**

Dr. Karyn Purvis



# ONLINE TRUST-BASED RELATIONAL INTERVENTION® (FOR CAREGIVERS)

**INTRODUCTION AND OVERVIEW-JUNE 7 & 8, 2023**  
**CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- JUNE 14 & 15, 2023**  
**EMPOWERING PRINCIPLES – JUNE 21 & 22, 2023**  
**CORRECTING PRINCIPLES- JULY, 12 & 13 2023**  
**(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)**

**WEDNESDAYS AND THURSDAYS 9 AM – 12 PM**

**Trust-Based Relational Intervention® (TBRI®)** is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt safety and emotional connection while successfully changing negative behaviors.

Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Training will begin at **9 am** and will end by **12:00 noon** each Wednesday and Thursday morning **starting June 7 & 8 and continuing for the next two weeks June 14 & 15 and June 21 – 22. We will skip the last week in June due to a scheduling conflict and the first week in July due to the holidays.** We will return for the Corrections Training the second week in July, July 12 & 13.

Training Location: Online through a Zoom link provided after you have **registered with Eventbrite.**

To register please use this Eventbrite link: <https://www.eventbrite.com/e/online-trust-based-relational-intervention-caregivers-training-tickets-630371206247>

If you have questions, you can contact Ken Summers at [ksummers@thebabyfold.org](mailto:ksummers@thebabyfold.org) or (309) 532-3281.

**This online training is free, but advance registration is required.** Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. **This is not a train the trainers training.**

References: Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Interventions: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development

# HOPE

*for the Journey*  
CONFERENCE



Show Hope's Hope for the Journey Conference is designed to equip and encourage parents and caregivers meeting the needs of children impacted by adoption and/or foster care. Bringing together teaching, resources, and practical experiences, parents and caregivers (and the churches and organizations seeking to serve these children and families) will gain a deeper understanding of these children's needs.



## *Featuring Special Hosts ...*

### **Show Hope Founders**

*Mary Beth & Steven Curtis Chapman*



## *Teaching on Topics Including...*

### **An Introduction to TBRI®**

*(Trust-Based Relational Intervention®)*

**The Church and Trauma-Competent Care  
And More!**

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*(Trust-Based Relational Intervention®)*

### **The Church and Trauma-Competent Care**

**And More!**

We are excited to invite you to Show Hope's Hope for the Journey. This is a faith-based TBRI Conference for parents and caregivers.

Wednesday evenings via Zoom:

May 31st 6:30-8pm

June 7th 6:30-8pm

June 14th 6:30-8pm

June 21st 6:30-8pm

June 28th 6:30-8pm

To Register: email Emily Backode at [ebackode@thebabyfold.org](mailto:ebackode@thebabyfold.org).