

AUGUST 2009

| MON | TUE | WED | THU | FRI |
|--|--|---|--|--|
| 3 Fish Sticks-5 ea Ketchup/Tartar Sauce Augratin Potatoes-1/2 c Peaches-1/2 c Bread & Jelly-1 slice Granola Bar-1 ea Cereal in a Cup | 4 Chicken Nuggets-5 ea Ketchup/BBQ Sauce Rice-1/2 c California Mix Vegetables-1/4 c Pears-1/2 c Bread & Jelly-1 slice Sm Cereal/Scooby Snack | 5 Rotini w/ Meat Sauce-1 c Parmesan Cheese Italian Vegetables-1/4 c Fruit Cocktail-1/2 c Garlic Bread-1 slice Sm Cereal/Muffin | 6 Turkey & Cheese Sandwich-1 ea FF Mayo/Mustard/Pickles Pretzels-1 oz Baby Carrots w/ FF Ranch-1/4 c Orange Wedges-3 ea Jumbo Oatmeal Cookie-1 ea Apple/RTE Waffle | 7 Hot Dog on Bun-1 ea Ketchup/Mustard/Relish Tater Tots-1/2 c Green Beans-1/2 c Grapes-1/2 c Brownie-1 ea Sm Cereal/Donut |
| 10 NO SCHOOL | 11 NO SCHOOL | 12 NO SCHOOL | 13 NO SCHOOL | 14 NO SCHOOL |
| 17 NO SCHOOL | 18 NO SCHOOL | 19 NO SCHOOL | 20 Pork Fritter on Bun-1 ea Ketchup/Mustard/Pickles Rice-1/2 c Soy Sauce Broccoli-1/4 c Banana-1/2 ea Apple/RTE Waffle | 21 Hamburger on Bun-1 ea Ketchup/Mustard/Pickles Potato Wedges-1/2 c Peaches-1/2 c Goldfish Grahams Sm Cereal/ Donut |
| 24 Chicken Burrito-1 ea Tortilla Chips- 1 oz Salsa-1/4 c Corn-1/2 c Pears-1/2 c Granola Bar-1 ea Cereal in a Cup | 25 Meatballs-3 oz Ketchup/BBQ Sauce Mashed Potatoes-1/2 c Winter Mix-1/4 c Fruit Cocktail-1/2 c Bread & Jelly-1 slice Sm Cereal/Muffin | 26 Hot Dog on Bun-1 ea Ketchup/Mustard/Relish Buttered Pasta-1/2 c Cooked Carrots-1/4 c Peaches-1/2 c Animal Crackers-1 ea Sm Cereal/Pop Tart | 27 Fish Sticks-5 ea Ketchup/Tartar Sauce Augratin Potatoes-1/2 c Green Beans-1/2 c Fruit Cup-1/2 c Bread & Jelly-1 slice Sm Cereal/Cinn Grahams | 28 Sausage Pizza-1 slice Tossed Salad-1/2 c Assorted FF Dressings Crackers-8 ea Grapes-1/2 c Jumbo Choc Chip Cookie-1 ea Apple/Uncrustable |
| 31 Hamburger on Bun-1 ea Ketchup/Mustard/Pickle Oven Fries-1/2 c Peas-1/4 c Fruit Cocktail-1/2 c Cereal in a Cup | 1% Chocolate Milk served with lunch on Friday 1% White Milk served with lunch Mon-Thurs. | | 1% White Milk And 100% Fruit Juice or Fresh Fruit Served with breakfast Daily | |

AUGUST 2009

| MON | TUE | WED | THU | FRI |
|---|--|--|--|---|
| 3 Breaded Fish on Bun-1 ea Ketchup/Tartar Sauce Augratin Potatoes-1/2 c Peaches-1/2 c Granola Bar-1 ea Cereal in a Cup | 4 Chicken Patty on Bun-1 ea Ketchup/Mayo Rice-1/2 c Soy Sauce California Mix Vegetables-1/2 c Pears-1/2 c Sm Cereal/Scooby Snack | 5 Rotini w/ Meat Sauce-1 c Parmesan Cheese Italian Vegetables-1/2 c Fruit Cocktail-1/2 c Garlic Bread-1 slice Graham Crackers-1 pkg Sm Cereal/Muffin | 6 Turkey & Cheese Sandwich-1 ea FF Mayo/Mustard/Pickles Pretzels-1 oz Baby Carrots w/ FF Ranch-1/2 c Orange Wedges-3 ea Jumbo Oatmeal Cookie-1 ea Apple/RTE Waffle | 7 Hot Dog on Bun-1 ea Ketchup/Mustard/Relish Tater Tots-1/2 c Green Beans-1/2 c Grapes-1/2 c Brownie-1 ea Sm Cereal/Donut |
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| 24 Chicken Burrito-1 ea Tortilla Chips- 1 oz Salsa-1/4 c Corn-1/2 c Pears-1/2 c Granola Bar-1 ea Cereal in a Cup | 25 Meatballs-3 oz Ketchup/BBQ Sauce Mashed Potatoes-1/2 c Winter Mix-1/4 c Fruit Cocktail-1/2 c Bread & Jelly-1 slice Sm Cereal/Muffin | 26 Hot Dog on Bun-1 ea Ketchup/Mustard/Relish Buttered Pasta-1/2 c Cooked Carrots-1/2 c Peaches-1/2 c Animal Crackers-1 ea Sm Cereal/Pop Tart | 27 Breaded Fish on Bun-1 ea Ketchup/Tartar Sauce Augratin Potatoes-1/2 c Green Beans-1/2 c Fruit Cup-1/2 c Granola Bar-1 ea Sm Cereal/Cinnamon Grahams | 28 Sausage Pizza-1 slice Tossed Salad-1/2 c Assorted FF Dressings Club Wheat Crackers-8 ea Grapes-1/2 c Jumbo Choc Chip Cookie-1 ea Apple/Uncrustable |
| 31 Hamburger on Bun-1 ea Ketchup/Mustard/Pickle Oven Fries-1/2 c Peas-1/4 c Fruit Cocktail-1/2 c Granola Bar-1 ea Cereal in a Cup | 1% Chocolate Milk served with lunch on Friday 1% White Milk served with lunch Mon-Thurs. | | 1% White Milk And 100% Fruit Juice or Fresh Fruit Served with breakfast Daily | |