

Adoption Preservation Newsletter

UPCOMING TRAININGS/MEETINGS

TBRI Parent Training:

- ❖ Normal; The Baby Fold at 612 Oglesby Ave.; 4/13, 5/18, 6/22, & 7/27; 9am-4pm; register with Theresa Lawrence (tlawrence@thebabyfold.org); See attached flier for more information
- ❖ Springfield; The Baby Fold at 5220 South 6th Street Road; 4/11, 4/18, & 4/25; 5:30pm-7pm; register with Michaelle Maier ([mmaier@thebabyfold.org](mailto:mmmaier@thebabyfold.org)); See attached flier for more information

Evening support group:

- ❖ Urbana; The Baby Fold at 102 E Main St., Urbana, Suite 209; 4/2 & 4/16; 6-7pm; register with Katie Martin (kmartin@thebabyfold.org) or Barbara Shelton (bshelton@thebabyfold.org); See attached flier for more information

Lunch-time support group:

- ❖ Normal; The Baby Fold at 318 Susan Drive; 4/10 & 4/24; noon- 1pm; register with Amanda Walters (awalters@thebabyfold.org) or Marie Torchia (mtorchia@thebabyfold.org); See attached flier for more information

Empowered to Connect Conference:

- ❖ Springfield, IL; 4/5/19 – 4/6/19; <https://www.wcicfm.org/event/empowered-to-connect-conference-simulcast-at-springfield-first-umc/2019-04-05/>
- ❖ Champaign, IL; 4/5/19 – 4/6/19; <https://firstcc.ccbchurch.com/goto/forms/23/responses/new>

Empowered to Connect Conference Re-Broadcast:

- ❖ Normal, IL; Calvary United Methodist Church, 1700 N Towanda Ave; 4/25/19 – 4/26/19; register with Jen Walbridge (jwalbridge@thebabyfold.org); See flier attached for more information

TBRI TIP OF THE MONTH

Behavioral Scripts must be taught and practiced proactively, and can be a reliable way to provide correction in a quick, mild yet effective way during times of misbehavior.

- ❖ *Re-Do's . . .*
 - Give children a chance to practice a new behavior in a fun and playful way while building self-esteem through success.
 - Re-do's are **NOT** intended to be punishment, but rather instruction.
- ❖ *Choices and Compromises . . .*
 - Sharing power provides motivation to the child while building trust in your relationship.
 - Be sure to use a warm, authoritative tone of voice and gain eye contact if possible.
 - Keep the choices to two options that both of you find acceptable, but be willing to listen and compromise if the child has an acceptable alternative suggestion.
 - Have the child verbally repeat all the steps of his/her choice and then repeat them yourself, so that expectations are very clear and predictable.
 - Empower your child by sharing power (letting him/her choose) while also providing structure (limiting choices to acceptable options).
 - Giving your child an active role in decision-making and problem-solving builds confidence, self-esteem, and life skills.

"The key is to treat the whole child, with all his or her interrelated needs, not just one small aspect of behavior or illness."
-- Dr. Karyn Purvis



The Baby Fold
614 Oglesby Avenue
Normal, IL 61761

For any comments or questions about the Adoption Preservation program or TBRI please contact Kathleen Bush at (309) 557-1066 or email her at kbush@thebabyfold.org