



TRUST-BASED RELATIONAL INTERVENTION®

INTRODUCTION AND OVERVIEW-APRIL 13, 2019

CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- MAY 18, 2019

EMPOWERING PRINCIPLES – JUNE 22, 2019

CORRECTING PRINCIPLES- JULY 27, 2019 (NEED TO ATTEND ONE OTHER ONE)

9:00AM – 4:00 PM

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt safety and emotional connection while successfully changing negative behaviors.

[Purvis, K., Cross, D.R., & Hurst, J.R. (2012)]

Sign-in will begin at 8:30am; training will begin at 9:00 am and will end by 4:00 pm. Participants are asked to make their own arrangements for lunch (12:00pm-1:00pm).

Training Location: The Baby Fold Training Center 612 Oglesby Ave, Normal, IL 61761

Please contact Theresa Lawrence at (309) 557-1127 or tlawrence@thebabyfold.org to register or to obtain more information. **This training is free, but advance registration is required.** Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. This is not a train the trainers training.

References:

Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.