



# Creative Arts Therapy Group

**WHO: GIRLS AGES 12-16**

**WHEN: 6:00 P.M. TO 7:30 P.M. EVERY OTHER THURSDAY**

**JUNE 13TH TO AUGUST 22ND**

**WHERE: THE BABY FOLD URBANA OFFICE**

**102 E. MAIN STREET, SUITE 209, URBANA, IL**

Explore creative ways to express yourself, process trauma, and cope with stress, using music, art, writing, and dance. Join Therapists Leah A' Hearn, MSW, and Brittney Walker, MSW, for this free therapeutic group. No art experience necessary! All supplies provided.

To enroll or for further information, contact Leah A' Hearn at [lahearn@thebabyfold.org](mailto:lahearn@thebabyfold.org) or (309) 340-5765, or Brittney Walker at [walker@thebabyfold.org](mailto:walker@thebabyfold.org) or (309) 433-6536.