



Trust Based Relational Intervention: Correcting Principles

Goal: To help children learn appropriate strategies for getting their needs met and successfully navigating challenging situations day to day.



Responsive Strategies: Levels of Response 1 & 2

Click on the underlined words below which are links to videos and websites to learn about Responsive Strategies.

The Holiday season often brings fun, excitement and change to the daily routine. However, if all the excitement turns into challenging behaviors it's important to review the Levels of Response so that we can respond in a healing and connecting way.

Levels of Response

Level 1: **Playful Engagement for a low-level challenge.** If a child says, "give me that crayon" the parent playfully responds "are you asking or telling?". Then the Parent will guide that child through a re-do where the child will ask with respect.

Level 2: **Structured Engagement for a slightly elevated challenge.** Such as when the child does not respond appropriately to playful engagement, the caregiver may offer choices.

"You may either ask for the crayon with respect or walk over to pick up the crayon yourself".

Other Resources:

- [TBRI-IDEAL Response](#)
- [Using Time-In instead of Time-Out](#)

"Relationship-based trauma must be healed relationally."
– Dr. Karyn Purvis

Our virtual support groups are up and running! Ask your therapist or email Ken Summers at Ksummers@thebabyfold.org for more information regarding virtual support groups.