#### **Upcoming Virtual Trainings/Meetings:** Contact your therapist or Ken Summers at Ksummers@thebabyfold.org for more information about **Parent Support Groups:** Tuesday Night Parent Support group: Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month. Wednesday Daytime group: Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month. Mom's Support group: Primarily focuses on support, celebrating successes and sharing/discussing challenges. Meets 1x a month. Dads Sharpen Dads: A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week. Other Resources (click on the link embedded in the title to see the video): 1. How Do I Handle Manipulation and Control? 2. How Do I Handle Lying? 3. Lying "My goal is to teach my child skills for life through honest communication with trust and integrity." **TBRI Tip of the Month** -- Dr. Karyn Purvis

#### Lying, Manipulation and Control

"The two primary errors I see with parents when their children lie is that they either overreact or they don't react at all. And neither one of those is an appropriate response. We need to do a balance of responsiveness and proactively addressing those needs as parents who are teaching our children patterns for life." – Dr Karyn Purvis

Questions to ask yourself about correcting lying:

- 1. Do I have my own emotions and feelings under control?
- 2. Am I willing to give choices to my child?
- 3. Does my reaction fit the child's behavior?
- 4. Am I willing to see past the lie to find the cause of the behavior?
- 5. Do I celebrate the good in my child?



# THE BABY FOLD PARENT SUPPORT GROUP

### 1<sup>ST</sup> AND 3<sup>RD</sup> TUESDAY OF EACH MONTH 8-9PM

EMAIL EMILY BACKODE AT <u>EBACKODE@THEBABYFOLD.ORG</u> OR CARLEY JACOBI AT <u>CJACOBI@THEBABYFOLD.ORG</u> FOR MORE INFORMATION

"You cannot lead a child to a place of healing if you do not know the way yourself." -- Dr. Karyn Purvis



## THE BABY FOLD VIRTUAL PARENT SUPPORT GROUP

WEDNESDAYS BEGINNING 10/19 11:30 – 12:30PM

EMAIL FOR MORE INFORMATION JEN WALBRIDGE - JWALBRDIGE@THEBABYFOLD.ORG SHARON LINDSEY — SLINDSEY@THEBABYFOLD.ORG

"You cannot lead a child to a place of healing if you do not know the way yourself." -- Dr. Karyn Purvis ""As iron sharpens iron, so one man sharpens another."

Dads Sharpen Dads

# The Baby Fold Dad's Support Group Monday evenings starting July 18, 2022 7:15–8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

for a Zoom link!

" If we can communicate to our children,

It's you and me against your history,

We have a strong place to begin."

Dr. Karyn Purvis