

APRIL 2025

TBRI® Newsletter

Trust-Based Relational Intervention®
The Baby Fold - Adoption Support and Preservation



TBRI CORRECTING PRINCIPLES

This month, we move to exploring the final principle of TBRI: Correcting Principles. If you did not have a chance to read our previous two newsletters on Connecting and Empowering Principles, please do so, as they provide an important foundation for the following information.

Correcting includes both proactive strategies and responsive strategies. **Proactive strategies** are used to teach positive behaviors *before behavioral issues arise*. **Responsive strategies** are used *when challenging behaviors are being exhibited*, and emphasize the importance of connection during correction.

Proactive strategies include things like:

- Teaching regulation skills and positive behaviors throughout the day (or during Nurture Groups)
- Utilizing tools, such as an Engine Plate, to help identify and communicate feelings and energy levels
- Teaching Life Value Terms, which are “little phrases with big meanings” to help remind kids of positive behaviors in a simple way (such as “gentle and kind”, and “with respect”)

Responsive strategies include:

- The IDEAL response:
 - Immediate- respond as immediately as possible
 - Direct- move within close proximity and at the child’s level
 - Efficient- used a measured response (see *levels of response*)
 - Action-based- use tools such as re-dos and role play
 - Leveled at the behavior- differentiate the behavior from the child
- Levels of response:
 - Level 1: Playful engagement- redirect and teach positive behaviors using a playful tone and playful words
 - Level 2: Structured engagement- use a more direct (not loud) tone while providing two choices to the child
 - Level 3: Calming engagement- help the child regulate
 - Level 4: Protective engagement- provide safety in dangerous situations and help the child regulate

Resources:

[TBRI Podcast episode: TBRI Correcting Principles with Sarah Mercado](#)

[TBRI Animate: The IDEAL Response](#)

[Nurturing Change blog post on Correcting Principles](#)

Exciting Opportunity! Transracial Adoption Workshop with Angela Tucker

This three-part workshop will be focused on supporting families and professionals working with transracial adoptees and will provide valuable tools and strategies for fostering positive identities and addressing the unique challenges transracial adoptees face.

May 7th, 14th, & 21st
10am-noon

You can attend either in person (at one of three locations: Bloomington/Normal, Springfield or Urbana) or virtually, making it accessible no matter your location.

[Register by clicking here!](#)

Parent Support Groups at The Baby Fold:

Book Club- Caregiver Support and Education Group (virtual):

Are you an adoptive or foster parent struggling with your child(ren)'s behavior, seeking additional support and resources? Join us as we discuss *Raising Kids with Big, Baffling Behaviors* by Robyn Gobbel!

Wednesday Noon Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Dads Sharpen Dads (virtual):

A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at
MLegendre@thebabyfold.org or
309-557-1149 with any questions about
ASAP services, groups, or TBRI.

Follow ASAP on our [Facebook page!](#)



TRANSRACIAL ADOPTION WORKSHOP



Three Part WorkShop for Families and Professionals

This workshop will provide a window into the nuanced first-hand narratives of adoptees through videos, anonymized case studies and Angela's personal stories. This interactive workshop will leave you thinking about the role transracial adoption plays in our quest for racial justice in America.

EACH WORKSHOP WILL BE HELD FROM 10-NOON

**DAY 1 - MAY 7, 2025
LECTURE | 2 HOURS**

**DAY 2 - MAY 14, 2025
OPEN DISCUSSIONS | 2 HOURS**

**DAY 3 - MAY 21, 2025
ADOPTTEE PANEL | 90 MINUTES**

Families can join In-Person or Virtually

Transracial caregiving is a multifaceted journey for the entire family, but it is often the child who bears the brunt of navigating the complexity of the experience. It is critical that caregivers and parents understand the history of why children of color are over-represented in child-welfare in order to avoid perpetuating racism and to instead embrace an anti-racist outlook to support the health and wellbeing of transracial adoptees and/or transracial foster youth.

LCSW/LSW CEUs available to on-site attendees.



At 3 Locations:

→ **First Christian Church,**
3601 South Staley Road,
Champaign, IL 61822

→ **5220 South 6th St.**
Suite 2200
Springfield, IL 62703

→ **1701 W Market St.**
Suite ,Bloomington,
IL 61701

CONTACT US



Contact:
pshrestha@thebabyfold.org
or call (309) 557-1051



Registration:
<https://tinyurl.com/bdhu9h8e>

The Baby Fold - Adoption Support and Preservation

Book Club

**CAREGIVER SUPPORT &
EDUCATION GROUP**

Are you an adoptive or foster parent struggling with your child(ren)'s behavior, seeking additional support and resources?



Join us in discussing

"Raising Kids with Big, Baffling Behaviors"

by Robyn Gobbel

A 12-week, virtual group beginning on February 24, 2025

Mondays from 12:00-1:00 pm

Email Melissa at MLegendre@thebabyfold.org

to register and/or receive additional info!



The Baby Fold

DADS SHARPEN DADS

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER"

Our Dads Support Group
is virtually hosted on the
1st and 3rd Monday
evening of the month
from 7:15 – 8:15 pm.

"If we can communicate
to our children, 'It's me
and you against history',
then we have a strong
place to begin."



Contact Us

Email Ken Summers at ksummers@thebabyfold.org to sign up



THE BABY FOLD'S **VIRTUAL PARENT SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis