

APRIL 2026

# TBRI® Newsletter

Trust-Based Relational Intervention®  
The Baby Fold - Adoption Support and Preservation



## WHAT IS TBRI? AN OVERVIEW

The Baby Fold is preparing and currently taking registration for our next TBRI caregiver training. *But what is TBRI?* Here is a brief overview, to serve as an introduction for those who may not know, or as a refresher for those who are already familiar.

**Trust-Based Relational Intervention (TBRI)** is an attachment-based, trauma-informed approach designed to meet the complex needs of children who have experienced adversity; those who have come from “hard places”. Developed by the Karyn Purvis Institute of Child Development (KPICD), TBRI centers on a simple but powerful idea: healing happens through relationships.

At its core, TBRI is built on three guiding principles: Connecting, Empowering, and Correcting. Connecting strategies on building strong, safe relationships through mindful engagement and attunement. Empowering strategies address physical and emotional needs, ensuring children feel safe and regulated. Correcting strategies then guide behavior in a way that teaches skills, rather than punishes mistakes.

What makes TBRI especially impactful is its practicality. Caregivers, educators, and professionals can use simple tools, like offering choices, practicing active listening, and maintaining consistent routines, to create environments where children feel seen, valued, and secure.

Whether in homes, schools, or communities, TBRI reminds us that behavior is often a form of communication. By responding with empathy and structure, we can help children build trust, develop resilience, and thrive. Small moments of connection can create lasting change! *See right side of newsletter for additional details on upcoming training.*

### Additional resources:

[TBRI Animate video](#)

[TBRI Podcast \(also available on Spotify, Apple, etc.\)](#)

[KPICD Resource Library](#)

*Coming Soon!*

### Trust-Based Relational Intervention (TBRI) Classes and Caregiver Support

Join our 8-week virtual training designed for caregivers and professionals working with children from “hard places”. Learn trauma-informed strategies to help children heal, grow, and thrive.

Mondays, 9am-12pm  
May 4<sup>th</sup> through June 29<sup>th</sup>

[Click here to register!](#)

### Current/Ongoing Parent Support Groups at The Baby Fold:

**Book Club- Caregiver Support and Education Group (virtual):** Join us as we read and reflect on *Brain-Body Parenting* by Mona Delahooke! Mondays 12-1:00 pm, March 9th through May 11th

**Wednesday Evening Group (virtual):** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

**Wednesday Noon Group (virtual):** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

**Dads Sharpen Dads (virtual):** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at  
M.Legendre@thebabyfold.org or  
309-557-1149 with any questions about  
ASAP services, groups, or TBRI.

Follow ASAP on our [Facebook page!](#)



# TRUST-BASED RELATIONAL INTERVENTION®

## CLASSES AND CAREGIVER SUPPORT



Join our 8-week virtual training designed for caregivers and professionals working with children from hard places. Learn trauma-informed strategies to help children heal, grow, and thrive.

### WHAT IS TBRI®?

A trauma-informed program that focuses on meeting the relational and developmental needs of children, while supporting caregivers in building healthy attachments and effective interventions.

### KEY TAKEAWAYS FROM THE TRAINING:

- Introduction to TBRI®: Empowering, Connecting, Correcting principles.
- Understand the link between trauma history and development.
- Learn to interpret and respond to behaviors to strengthen attachment.
- Discover strategies for creating felt safety and addressing behavior factors.
- Explore secure attachment and building deep emotional connections.
- Develop practical tools to balance structure, nurture, and correct behaviors.

PLEASE SCAN THE QR CODE TO REGISTER:

TBRI: Trust-Based Relational Intervention® 9a to Noon - Summer 2026



### TRAINING DETAILS

MAY 4<sup>TH</sup>- JUNE 29<sup>TH</sup>

MONDAY, 9AM-12PM

PLEASE NOTE THAT THERE IS NO SESSION ON MAY 25<sup>TH</sup>



CONTACT FOR MORE DETAILS:

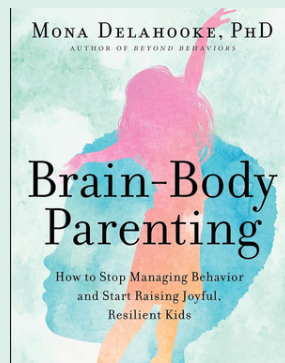
Adam Kinzer  
[akinzer@thebabyfold.org](mailto:akinzer@thebabyfold.org)

*The Baby Fold - Adoption Support and Preservation*

# Book Club

**CAREGIVER SUPPORT &  
EDUCATION GROUP**

*Are you an adoptive, guardianship, or foster parent  
struggling with your child(ren)'s behavior, seeking  
additional support and resources?*



*Join us in discussing*

*Brain-Body Parenting: How to Stop Managing  
Behavior and Start Raising Joyful, Resilient Kids  
by Mona Delahooke*

*A 10-week, virtual group beginning on March 9, 2026*

*Mondays from 12:00-1:00 pm*

*Email Melissa at [MLegendre@thebabyfold.org](mailto:MLegendre@thebabyfold.org)  
to register and/or receive additional info!*



THE BABY FOLD'S  
**VIRTUAL PARENT  
SUPPORT GROUP**

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**1<sup>ST</sup> AND 3<sup>RD</sup> WEDNESDAY OF EACH MONTH**  
**12:00-1:00 PM**

SUPPORT AND EDUCATION FOR FAMILIES FORMED  
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT [MLEGENDRE@THEBABYFOLD.ORG](mailto:MLEGENDRE@THEBABYFOLD.ORG) FOR  
MORE INFORMATION & LINK TO MEETINGS

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“You cannot lead a child to a place of healing  
if you do not know the way yourself.”  
– Dr. Karyn Purvis

 **THE BABY FOLD'S** 

# Parent Support Group

**2<sup>ND</sup> AND 4<sup>TH</sup> WEDNESDAY OF EACH MONTH**

Held Virtually from 6:15–7:15 pm

**OUR PARENT GROUP OFFERS SUPPORT AND  
EDUCATION FOR PARENTS FOR FAMILIES  
FORMED THROUGH FOSTER CARE,  
ADOPTION, AND GUARDIANSHIP**



**“You cannot lead a child  
to a place healing, if you  
do not know the way  
yourself.”**

**~ Dr. Karyn Purvis**



**Contact: [rhadden@thebabyfold.org](mailto:rhadden@thebabyfold.org) or  
[amunster@thebabyfold.org](mailto:amunster@thebabyfold.org) for more information  
and links**



The Baby Fold

# DADS SHARPEN DADS

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER"

Our Dads Support Group is virtually hosted on the 1st and 3rd Monday evening of the month from 7:15 – 8:15 pm.

"If we can communicate to our children, 'It's me and you against history', then we have a strong place to begin."



## Contact Us

Email Ken Summers at [ksummers@thebabyfold.org](mailto:ksummers@thebabyfold.org) to sign up