



Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about....

Parent Support Groups:

- ❖ **Wednesday Daytime group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1st and 3rd Monday evenings.

Show Hope's Hope for the Journey Conference is designed to equip and encourage parents and caregivers meeting the needs of children impacted by adoption and/or foster care. Bringing together teaching, resources, and practical experiences, parents and caregivers (and the churches and organizations seeking to serve these children and families) will gain a deeper understanding of these children's needs.

- ❖ First United Methodist Church 211 N. School St. Normal, IL 61761
April 29th, 2023 - 8:00 AM - 5:00 PM (Lunch will be provided)
- ❖ [Click here to Register](#)

"The key is to treat the whole child,
with all his or her interrelated needs, not just one
small aspect of behavior or illness."

-- Dr. Karyn Purvis

TBRI Tip of the Month

Choices and Compromises

- ❖ Sharing power provides motivation to the child while building trust in your relationship.
- ❖ Be sure to use a warm, authoritative tone of voice and gain eye contact if possible.
- ❖ Keep the choices to two options that both of you find acceptable, but be willing to listen and compromise if the child has an acceptable alternative suggestion.
- ❖ Have the child verbally repeat all the steps of their choice and then repeat them yourself, so that expectations are very clear and predictable.
- ❖ Empower your child by sharing power (letting them choose) while also providing structure (limiting choices to acceptable options).
- ❖ Giving your child an active role in decision-making and problem-solving builds confidence, self-esteem, and life skills.



THE BABY FOLD
**VIRTUAL PARENT
SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

EMAIL MELISSA AT [MLEGENDRE@THEBABYFOLD.ORG](mailto:mlegendre@thebabyfold.org) FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”

– Dr. Karyn Purvis

Dads Sharpen Dads

“As iron sharpens iron, so one man sharpens another.”

The Baby Fold

Dad's Support Group

1st & 3rd Monday evenings

7:15 pm—8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

to sign up!

“ If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin.”

Dr. Karyn Purvis