

MAY 2026

TBRI® Newsletter

Trust-Based Relational Intervention®
The Baby Fold - Adoption Support and Preservation



PREPARING FOR SUMMER BREAK WITH TBRI®

As summer (quickly!) approaches, many children look forward to a break from school routines. But for children “from hard places”, transitions and unstructured time can also bring stress, dysregulation, and anxiety. Using TBRI principles can help families create a summer that feels both fun and safe.

Connection First

Summer may offer more opportunities for meaningful connection. Simple moments like shared meals, walks, games, or bedtime conversations help build trust and strengthen relationships. Connection is often more effective than correction!

Maintain Predictable Rhythms

While schedules may change, children still benefit from consistency. Keeping regular mealtimes, sleep routines, and daily expectations can help children feel secure and regulated.

Watch for Sensory and Emotional Needs

Hot weather, travel, crowded events, and extra stimulation can overwhelm some children. Offer plenty of water, snacks, movement breaks, and quiet spaces to recharge. Paying attention to physical needs often prevents behavioral struggles before they even begin.

Prepare for Transitions

Whether it's vacations, camps, or visits with family, previewing plans ahead of time can reduce anxiety. Visual schedules, countdowns, and calm conversations help children know what to expect.

Additional resources:

[TBRI Podcast- A TBRI® Coffee Chat: Summer Edition](#)

[100 summer activities for kids and caregivers!](#)

Trust-Based Relational Intervention (TBRI) Classes and Caregiver Support

Join our 8-week virtual training designed for caregivers and professionals working with children “from hard places”. Learn trauma-informed strategies to help children heal, grow, and thrive.

Mondays, 9am-12pm
May 4th through June 29th

[Click here to register!](#)

Contact- akinzer@thebabyfold.org

Current/Ongoing Parent Support Groups at The Baby Fold:

New! Book Club- Caregiver Support and Education Group (virtual): Join us as we read and reflect on *The Whole-Brain Child!* Tuesdays, 12-1:00 pm, June 9th - July 28th.
Contact- mlegendre@thebabyfold.org

Wednesday Evening Group (virtual): Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
Contact- amunster@thebabyfold.org

Wednesday Noon Group (virtual): Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
Contact- mlegendre@thebabyfold.org

Dads Sharpen Dads (virtual): A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.
Contact- ksummers@thebabyfold.org

Contact Melissa at
MLegendre@thebabyfold.org or
309-557-1149 with any questions about
ASAP services, groups, or TBRI.

Follow ASAP on our [Facebook page!](#)



TRUST-BASED RELATIONAL INTERVENTION®

CLASSES AND CAREGIVER SUPPORT



Join our 8-week virtual training designed for caregivers and professionals working with children from hard places. Learn trauma-informed strategies to help children heal, grow, and thrive.

WHAT IS TBRI®?

A trauma-informed program that focuses on meeting the relational and developmental needs of children, while supporting caregivers in building healthy attachments and effective interventions.

KEY TAKEAWAYS FROM THE TRAINING:

- Introduction to TBRI®: Empowering, Connecting, Correcting principles.
- Understand the link between trauma history and development.
- Learn to interpret and respond to behaviors to strengthen attachment.
- Discover strategies for creating felt safety and addressing behavior factors.
- Explore secure attachment and building deep emotional connections.
- Develop practical tools to balance structure, nurture, and correct behaviors.

PLEASE SCAN THE QR CODE TO REGISTER:

TBRI: Trust-Based Relational Intervention® 9a to Noon - Summer 2026



TRAINING DETAILS

MAY 4TH- JUNE 29TH

MONDAY, 9AM-12PM

PLEASE NOTE THAT THERE IS NO SESSION ON MAY 25TH



CONTACT FOR MORE DETAILS:

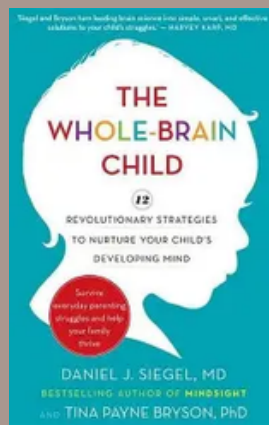
Adam Kinzer
akinzer@thebabyfold.org

The Baby Fold - Adoption Support and Preservation

Book Club

**CAREGIVER SUPPORT &
EDUCATION GROUP**

*Are you an adoptive, guardianship, or foster parent
struggling with your child(ren)'s behavior, seeking
additional support and resources?*



Join us in discussing

The Whole-Brain Child

by Daniel J. Siegel and Tina Payne Bryson

An 8-week, virtual group beginning on June 9th, 2026

Tuesdays from 12:00-1:00 pm

*Email Melissa at MLegendre@thebabyfold.org
to register and/or receive additional info!*

THE BABY FOLD'S

Parent Support Group

2ND AND 4TH WEDNESDAY OF EACH MONTH

Held Virtually from 6:15–7:15 pm

**OUR PARENT GROUP OFFERS SUPPORT AND
EDUCATION FOR PARENTS FOR FAMILIES
FORMED THROUGH FOSTER CARE,
ADOPTION, AND GUARDIANSHIP**

**“You cannot lead a child
to a place healing, if you
do not know the way
yourself.”**

~ Dr. Karyn Purvis



**Contact: rhadden@thebabyfold.org or
amunster@thebabyfold.org for more information
and links**



THE BABY FOLD'S
**VIRTUAL PARENT
SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis



The Baby Fold

DADS SHARPEN DADS

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER"

Our Dads Support Group is virtually hosted on the 1st and 3rd Monday evening of the month from 7:15 – 8:15 pm.

"If we can communicate to our children, 'It's me and you against history', then we have a strong place to begin."



Contact Us

Email Ken Summers at ksummers@thebabyfold.org to sign up