



Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at ksummers@thebabyfold.org for more information about...

Parent Support Groups:

- ❖ **Wednesday Noon group:** Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Online Trust-Based Relational Intervention®

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

Tuesdays and Thursdays, 9:00am-12:00pm
Beginning June 4th through June 27th (see flyer for detailed schedule)
Registration is required- [Register by clicking here!](#)

TBRI Tip of the Month

"Deep down, these children want desperately to connect and succeed but don't understand how. As parents, it's our job to show them."
-- Dr. Karyn Purvis

Theraplay Nurture Groups are structured activities that develop and strengthen attachment while practicing the four skills for social competency—the ability to give care, the ability to receive care, the ability to negotiate needs, and the ability to be autonomous in self as well as with others. While Nurture Groups are facilitated by a therapist, the three rules for Nurture Groups can be helpful to use in the home, or at school.

• Three Rules for Nurture Groups:

- **Stick Together:** This means that we work together as a team, maintain close proximity, take turns, and listen respectfully while others talk.
- **No Hurts:** This rule helps to develop understanding of inside hurts (emotional) and outside hurts (physical), practice expressing hurts (needs), and giving and receiving care for them.
- **Have Fun!:** It is important to disarm fear by engaging in safe, structured playfulness; remember, best learning occurs when children feel emotionally safe.



THE BABY FOLD'S
**VIRTUAL PARENT
SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis

Dads Sharpen Dads

“As iron sharpens iron, so one man sharpens another.”

The Baby Fold

Dad's Support Group

1st & 3rd Monday evenings

7:15 pm—8:15 pm

Email Ken Summers at ksummers@thebabyfold.org

to sign up!

“ If we can communicate to our children,
It's you and me against your history,

We have a strong place to begin.”

Dr. Karyn Purvis



ONLINE TRUST-BASED RELATIONAL INTERVENTION® (FOR CAREGIVERS)

INTRODUCTION AND OVERVIEW-JUNE 4TH & 6TH, 2024
CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- JUNE 11TH & 13TH, 2024
EMPOWERING PRINCIPLES – JUNE 18TH & 20TH, 2024
CORRECTING PRINCIPLES- JUNE 25TH & 27TH, 2024
(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)

TUESDAYS & THURSDAYS 9:00 AM – 12:00 PM

Trust-Based Relational Intervention® (TBRI®) is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt-safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt-safety and emotional connection while successfully changing negative behaviors.

Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Training will begin at **9:00 AM** and will end by **12:00 pm** each Tuesday & Thursday throughout the month of June beginning June 4th. Attendance in both Tuesday & Thursday for each Principle is required.

Training Location: Online through a Zoom link provided after you have **registered with Eventbrite**.

To register please use this Eventbrite link <https://www.eventbrite.com/e/trust-based-relationship-intervention-tbri-caregivers-training-tickets-905069125117>

If you have questions, you can contact Ken J. Summers ksummers@thebabyfold.org or call at (309) 532-3281

This online training is free, but advance registration is required.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. **This is not a train the trainers training.**

References: Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.