

# TRUST-BASED RELATIONAL INTERVENTION®

## CLASSES AND CAREGIVER SUPPORT



**Dates: March 4,11,18,25  
April 1,8,15,22,29  
May 6,13,20**

**Time: 5:30 pm to 7:00 pm**

**Location:** These classes will be held virtually on Zoom, and invites will be sent to you weekly by email once signed up for classes.

**Trust-Based Relational Intervention® (TBRI®)** is a trauma-informed program for all caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, and the needs of the adults who seek to help them heal, learn, and grow.

### These classes will:

1. Provide an introduction and overview of Trust Based Relational Interventions®
2. Explain and explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.

[Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Course curriculum will consist of approximately 24 hours of training provided via a series of 4 full-day classes (10-12 weeks 1.5 hours/night). All participants are encouraged to read *The Connected Child* (©2007, ISBN 978-0-07-147500-6) by Karyn Purvis, David Cross, and Wendy Sunshine before, during and after participation in TBRI classes. Michaelle Maier, and Brooke DeClerck will be facilitators. Please contact Michaelle Maier at (309) 533-8455 or [mmaier@thebabyfold.org](mailto:mmaier@thebabyfold.org) to register. **Classes are free, but space is limited and advance registration is required. 3-4, 3-11, 3-18, 3-25, 4-1, 4-8, 4-15, 4-22, 4-29 ,5-6, 5-13, 5-20.**

### References:

Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.