UPCOMING TRAININGS/MEETINGS

Lunch-time support group:
- Normal; The Baby Fold at 318 Susan Drive; 4/3 & 4/17; noon-1pm; register with Elizabeth Heid (cheid@thebabyfold.org) or Amanda Walters (awalters@thebabyfold.org)

Parent support group:
- Champaign; Stephen’s Family YMCA, 2501 Fields South Dr.; 4/12; 5:30p-6:30p. Free child care is available. Register with Amanda Gergen at amandagergen@gmail.com

Empowered to Connect Conference:
- Champaign, IL; 4/13/18 - 4/14/18; 9am-4pm; First Christian Church, 3601 S Staley Rd, Champaign; www.cuetsimulcast2018.eventbrite.com
- Normal, IL; 4/13/18 – 4/14/18; 9am-4pm; Calvary United Methodist Church, 1700 N Towanda Ave, Normal; register with jwalbridge@thebabyfold.org
- Springfield, IL; 4/27/18 – 4/28/18; First United Methodist Church, 2941 S Koke Mill Rd, Springfield; https://www.eventbrite.com/e/empowered-to-connect-simulcast-springfield-first-ume-tickets-41231684077
- Peoria, IL; 4/13/18 – 4/14/18; Imago Dei Church at 2221 N Gale Ave

Other Resources:

TBRI TIP OF THE MONTH

"The key is to treat the whole child, with all his or her interrelated needs, not just one small aspect of behavior or illness.”
-- Dr. Karyn Purvis

Behavioral Scripts must be taught and practiced proactively, and can be a reliable way to provide correction in a quick, mild yet effective way during times of misbehavior.
- Re-Do’s . . .
  - Give children a chance to practice a new behavior in a fun and playful way while building self-esteem through success.
  - Re-do’s are NOT intended to be punishment, but rather instruction.
- Choices and Compromises . . .
  - Sharing power provides motivation to the child while building trust in your relationship.
  - Be sure to use a warm, authoritative tone of voice and gain eye contact if possible.
  - Keep the choices to two options that both of you find acceptable, but be willing to listen and compromise if the child has an acceptable alternative suggestion.
  - Have the child verbally repeat all the steps of his/her choice and then repeat them yourself, so that expectations are very clear and predictable.
  - Empower your child by sharing power (letting him/her choose) while also providing structure (limiting choices to acceptable options).
  - Giving your child an active role in decision-making and problem-solving builds confidence, self-esteem, and life skills.

The Baby Fold
614 Oglesby Avenue
Normal, IL 61761

For any comments or questions about the Adoption Preservation program or TBRI please contact Kathleen Bush at (309) 557-1066 or email her at kbush@thebabyfold.org