

Adoption Preservation Newsletter

UPCOMING TRAININGS/MEETINGS

Lunch-time support group:

- ❖ Normal; The Baby Fold at 318 Susan Drive; 4/3 & 4/17; noon- 1pm; register with Elizabeth Heid (ehcid@thebabyfold.org) or Amanda Walters (awalters@thebabyfold.org)

Parent support group:

- ❖ Champaign; Stephen's Family YMCA, 2501 Fields South Dr.; 4/12; 5:30p-6:30p. Free child care is available. Register with Amanda Gergen at amandagergen@gmail.com

Empowered to Connect Conference:

- ❖ Champaign, IL; 4/13/18 - 4/14/18; 9am-4pm; First Christian Church, 3601 S Staley Rd, Champaign; www.cuetcsimulcast2018.eventbrite.com
- ❖ Normal, IL; 4/13/18 – 4/14/18; 9am-4pm; Calvary United Methodist Church, 1700 N Towanda Ave, Normal; register with jwallbridge@thebabyfold.org
- ❖ Springfield, IL; 4/27/18 – 4/28/18; First United Methodist Church, 2941 S Koke Mill Rd, Springfield; <https://www.eventbrite.com/e/empowered-to-connect-simulcast-springfield-first-umc-tickets-41231684077>
- ❖ Peoria, IL; 4/13/18 – 4/14/18; Imago Dei Church at 2221 N Gale Ave
- ❖ Plainfield, IL; 4/13/18 - 4/14/18; <https://www.eventbrite.com/e/empowered-to-connect-conference-2018-chicago-metro-tickets-37071223026>

Other Resources:

- ❖ Journey of Hope Adoptive Family Camp; 6/22- 6/24; Hampshire, IL; <http://www.holtsunnyridge.org/mainblog/2018/03/05/journey-of-hope-adoptive-family-camp/>

TBRI TIP OF THE MONTH

Behavioral Scripts must be taught and practiced proactively, and can be a reliable way to provide correction in a quick, mild yet effective way during times of misbehavior.

- ❖ *Re-Do's . . .*
 - Give children a chance to practice a new behavior in a fun and playful way while building self-esteem through success.
 - Re-do's are **NOT** intended to be punishment, but rather instruction.
- ❖ *Choices and Compromises . . .*
 - Sharing power provides motivation to the child while building trust in your relationship.
 - Be sure to use a warm, authoritative tone of voice and gain eye contact if possible.
 - Keep the choices to two options that both of you find acceptable, but be willing to listen and compromise if the child has an acceptable alternative suggestion.
 - Have the child verbally repeat all the steps of his/her choice and then repeat them yourself, so that expectations are very clear and predictable.
 - Empower your child by sharing power (letting him/her choose) while also providing structure (limiting choices to acceptable options).
 - Giving your child an active role in decision-making and problem-solving builds confidence, self-esteem, and life skills.

"The key is to treat the whole child, with all his or her interrelated needs, not just one small aspect of behavior or illness."
-- Dr. Karyn Purvis



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For any comments or questions about the Adoption Preservation program or TBRI please contact Kathleen Bush at (309) 557-1066 or email her at kbush@thebabyfold.org