

Adoption Preservation Newsletter

UPCOMING TRAININGS/MEETINGS

TBRI Parent Training:

- ❖ Normal; The Baby Fold at 612 Oglesby Ave.; 7/27; 9am-4pm; register with Theresa Lawrence (tlawrence@thebabyfold.org); See attached flier for more information

Teen Girls Creative Arts Therapy Group:

- ❖ Urbana; The Baby Fold at 102 E Main St.; 7/11 & 7/25; 6-7:30pm; register with Leah A'Hearn (lahearn@thebabyfold.org) or Brittney Walker (bwalker@thebabyfold.org); See attached flier for more information

Adolescent Grief and Loss Group:

- ❖ Normal; The Baby Fold at 1500 Ft Jesse Rd, Suite A; 7/2, 7/9, 7/16, 7/23, & 7/30; 4:00-5:15pm; register with Michelle Bledsoe (mbledsoe@thebabyfold.org); See attached flier for more information

Lunch-Time Support Group:

- ❖ Normal; The Baby Fold at 1500 Ft Jesse Rd, Suite A; 7/9 & 7/23; noon- 1pm; register with Amanda Walters (awalters@thebabyfold.org) or Marie Torchia (mtorchia@thebabyfold.org); Focused on TBRI Teen Video Series

Additional Resources:

- ❖ Information about the use of a lifebook to talk about adoption:
<https://www.adoptivefamilies.com/talking-about-adoption/how-to-create-adoption-lifebook-scrapbook/>

**"We never accept hurtful or wild behavior from a child – but we also do not punish, reject, or bribe because those strategies don't build long-term success."
-- Dr. Karyn Purvis**

TBRI TIP OF THE MONTH

Levels of Response: The purpose of correction is to teach, not punish; we must correct the way the child understands the world and how relationships work. An ideal correction results not only in changed behavior, but also children should feel content and connected to their caregiver. Effective correction requires emotional felt safety, and a balance of structure (correction) with nurture (connection). Remember, always return to playful engagement ASAP after a correction!

- ❖ Level One: Playful Engagement
 - Total Voice Control (tone is warm, volume is moderate, cadence is quick and playful)
 - Redirect child without breaking stride
 - Use consistency but also be flexible if needed
 - "Would you like to try that again with respect?" or "Are you askin' or tellin'?"
- ❖ Level Two: Structured Engagement
 - Total Voice Control (tone is firmer but not harsh, volume is still moderate, cadence is slower)
 - Increase structure by offering limited choices
 - Use 're-dos' as opportunities to succeed, praise positive behavior as soon as it happens
- ❖ Level Three: Calming Engagement
 - Total Voice Control (tone is firm, volume is low, cadence is very slow)
 - Focus is on co-regulation between adult and child, goal is to prevent crisis
 - Use time-in; draw child(ren) close in order to more effectively co-regulate
- ❖ Level Four: Protective Engagement
 - Total Voice Control (same as at Level 3)
 - Remember that children do not have access to their full brain during crisis.
 - Physical restraint should be used only when needed to protect the child/others from significant harm.



The Baby Fold
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For any comments or questions about the Adoption Preservation program or TBRI please contact Kathleen Bush at (309) 557-1066 or email her at kbush@thebabyfold.org